

GRANTOWN-ON-SPEY LOOP

(24.5 MILES, 39 KM)

A challenging but rewarding circuit, exploring Grantown, the 'Forest Village' of Nethy Bridge, and Loch Garten
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ROUTE DETAILS



LEVEL Challenging ▲▲▲

DESCRIPTION Rolling Terrain on quiet back roads, with one short section on a busier A-road

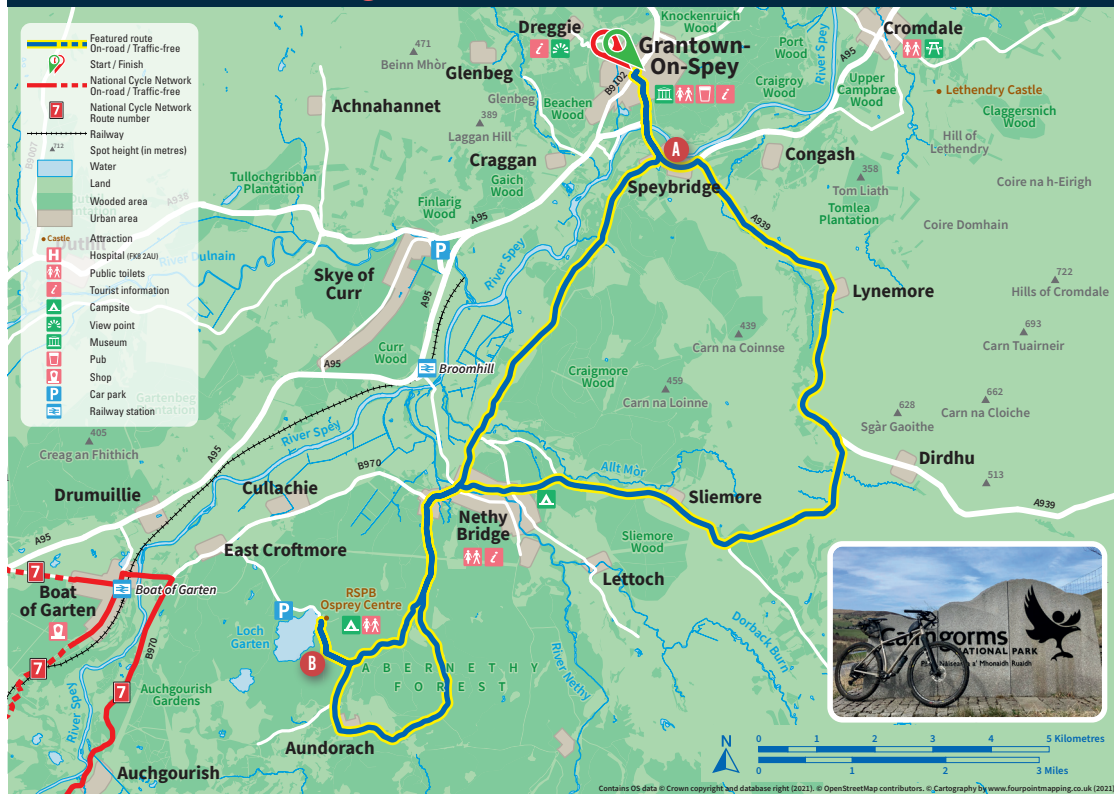
TIME 3 - 4 hours

VIEW POINTS / ATTRACTIONS

- A** GRANTOWN EAST
Heritage & Cultural Centre,
Grantown-on-Spey PH26 3AD
- B** LOCH GARTEN NATURE RESERVE
Nethy Bridge, PH25 3HA

ROUTE PROFILE

Total Ascent 441m Highest Point 387m



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ROUTE DESCRIPTION

Located on the edge of the spectacular Cairngorms National Park, Granttown-on-Spey makes a great base for exploring the beautiful Strathspey area by bike.

This beautiful circuit takes you on a journey across the River Spey, following scenic B-roads as it links Nethy Bridge, Abernethy Forest and Loch Garten.

Keep your eyes peeled, as the forest is home to a variety of birds and mammals including Scottish crossbill, red squirrel, red deer, black grouse and crested tit. The nearby RSPB Reserve at Loch Garten is also home to nesting Ospreys.

ROUTE LEVEL CLASSIFICATIONS

Introductory ▲

DISTANCE <15 KM
TERRAIN FEW TO NO HILLS

Intermediate ▲▲

DISTANCE 15-35 KM
TERRAIN SOME HILLS

Challenging ▲▲▲

DISTANCE >35 KM
TERRAIN HILLY

THE DISTANCES MAY VARY SLIGHTLY FROM THE CLASSIFICATION DEPENDING ON THE AMOUNT OF HILLS AND THE NATURE OF THE ROUTE

FRIENDLY STOPS

BASE CAMP BIKES

Granttown, PH26 3HG
01479 870050



HIGH STREET MERCHANTS

74 High St, Granttown-on-Spey PH26 3EL
01479 872246



NETHY HOUSE

Nethy Bridge PH25 3EB
07963 217793



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