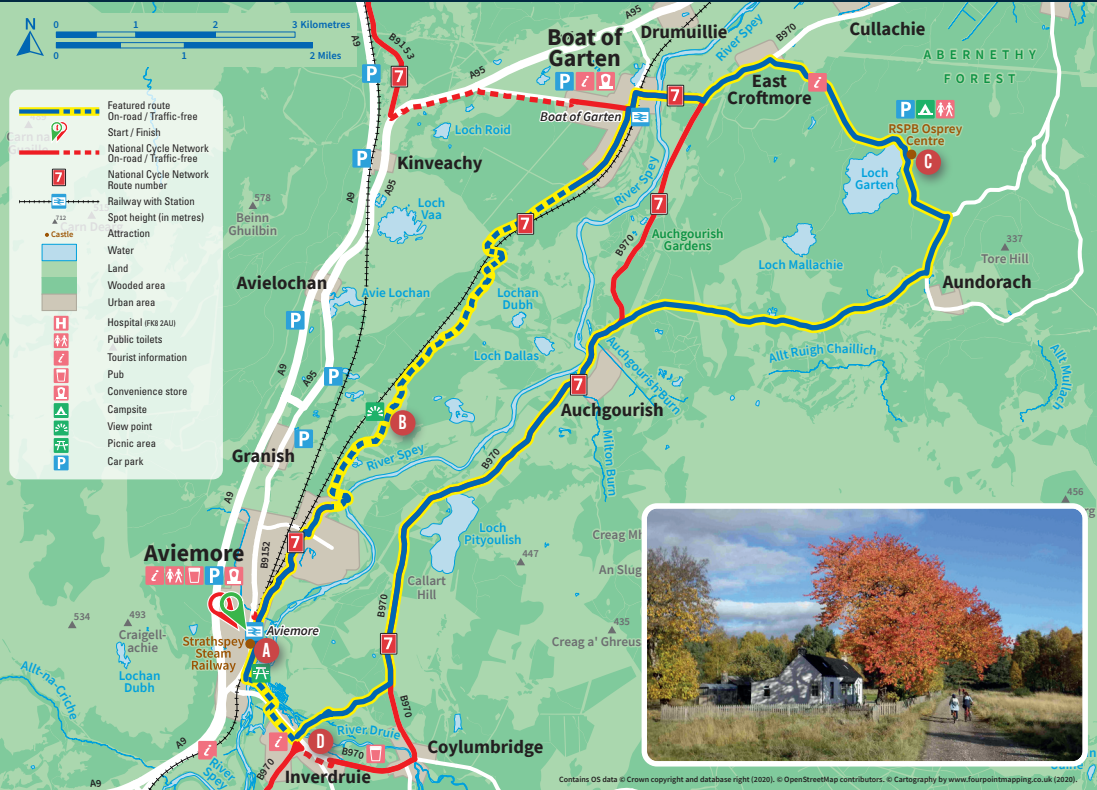


AVIEMORE TO ABERNETHY FOREST (19 MILES, 30 KM)

See steam trains, sculptures and ospreys on this picturesque ride between Aviemore and Abernethy

ROUTE DETAILS



LEVEL Intermediate ▲▲

DESCRIPTION Suitable for hybrid bikes/wider tyres (some unsealed sections)

TIME 3½ hours

VIEW POINTS / ATTRACTIONS

- A** STRATHSPEY STEAM RAILWAY
PH22 1PY
- B** VIEWPOINT
(views of Strathspey Railway / Cairngorms)
- C** RSPB OSPREY CENTRE
Abernethy, PH25 3EF
- D** ROTHIEMURCHUS CENTRE
PH22 1QH

ROUTE PROFILE

Total Ascent 208m Highest Point 246m

AVIEMORE TO ABERNETHY FOREST

(19 MILES, 30 KM)

See steam trains, sculptures and ospreys on this picturesque ride between Aviemore and Abernethy

ROUTE DESCRIPTION

Follow the scenic Speyside Way north through heather moors and native birch woodlands, with stunning views of the Cairngorm Mountains and the old steam trains running along the Strathspey Steam Railway.

Continue on to the RSPB Loch Garten Osprey Centre, where you can learn about these beautiful birds. If you are looking for a shorter adventure, then catch a steam train back to Aviemore from Boat of Garten – cyclists and bikes are very welcome on the Steam Trains!

ROUTE LEVEL CLASSIFICATIONS

Introductory ▲

DISTANCE <15 KM
TERRAIN FEW TO NO HILLS

Intermediate ▲▲

DISTANCE 15-35 KM
TERRAIN SOME HILLS

Challenging ▲▲▲

DISTANCE >35 KM
TERRAIN HILLY

THE DISTANCES MAY VARY SLIGHTLY FROM THE CLASSIFICATION DEPENDING ON THE AMOUNT OF HILLS AND THE NATURE OF THE ROUTE

FRIENDLY STOPS

BOTHY BIKES

5 Granish Way, Dalfaber,
Aviemore, PH22 1QU
01478 810111



THE BOAT HOTEL

Deshar Road, Boat of Garten, PH24 3BU
01479 831258



ROTHIEMURCHUS CENTRE & CAFÉ

Aviemore, PH22 1QH
01479 812345



THE OLD BRIDGE INN

23 Dalfaber Road, Aviemore, PH22 1PU
01479 811137



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